

MASSAGE AND WELLNESS COURSES



institutions.

Massage and wellness courses are organized at the Armenian State Institute of Physical Culture.

State graduation certificate and appendix (on education progress) are given in three languages - Armenian, Russian, English. The graduates receive the qualification of a massagist and instructor-methodist of wellness physical culture.

The certificate gives a right to work in wellness-rehabilitation centres, rest homes and sanatoriums, social security

Course duration is 6 months.

The courses start in January and September.

The applications are accepted 2-3 months before the beginning of the courses.

The advanced specialists with scientific degree are teaching. The following subjects are taught during study: human anatomy and physiology, hygiene, psychology, curative gymnastics, the first medical aid, classic massage, basics of massage, sports, medical and Eastern massages.

The following documents are required for admission.

1. Application
2. Copy of the passport
3. Copy of the Education certificate
4. 2 photos (3x4cm)

For more information contact the department of kinesiology of the Armenian State Institute of Physical Culture, 2nd floor, room 65,

Tel: 55-33-10 (1-37),

E-mail: message.school@mail.ru